

# Herefordshire & Worcestershire Draft Sustainability and Transformation Plan

22 November 2016

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Five Year Forward View

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Appendix 1

Redditch HOSC Meeting

*7<sup>th</sup> December 2016*

# Recap on the national picture

## Strategic planning footprints covering the whole of England:

- 44 footprints nationally
- From 300,000 population (West, North and East Cumbria...to 2.8m population (Greater Manchester)
- From 1 CCG (5 footprints such as Gloucestershire)...to 12 CCGs (Greater Manchester & Cheshire and Mersey)
- Herefordshire and Worcestershire is one of the smaller in population..... but one of the larger in terms of geography.
- H&W is a relatively simple footprint with only two Health and Well Being Boards and (mostly) co-terminous services...
- ...but one of the biggest financial challenges, particularly with the two acute trusts – both in CQC special measures at the start of the process.





# Health and Well Being – some of our key challenges

## Gap between life expectancy & healthy life expectancy

|                | Men     | Women   |
|----------------|---------|---------|
| Herefordshire  | 7.8 yrs | 9.4 yrs |
| Worcestershire | 7.1 yrs | 9.1 yrs |

## Mental health and well being

| % of the population reporting concerns with anxiety |     |
|---|-----|
| Herefordshire                                       | 21% |
| Worcestershire                                      | 18% |

## Mortality variation between different social groups

| Difference between less deprived and more deprived areas |         |
|--|---------|
| Herefordshire  | 4.9 yrs |
| Worcestershire   | 7.8 yrs |

## Areas of concern regarding poor outcomes for children and young people across both counties

|                     |  |
|---------------------|--|
| Older ----- Younger | <ul style="list-style-type: none"> <li>• Neonatal mortality and still births</li> <li>• Low birth weight</li> <li>• Breastfeeding rates</li> </ul>                           |
|                     | <ul style="list-style-type: none"> <li>• School readiness</li> <li>• School age obesity</li> <li>• Under 18 alcohol admissions</li> <li>• Teenage conception rate</li> </ul> |

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## Premature mortality rates compared to other areas (1 is best performing)

|                | England     | Family                 |
|----------------|-------------|------------------------|
| Herefordshire  | 21st of 150 | 1 <sup>st</sup> of 15  |
| Worcestershire | 55th of 150 | 12 <sup>th</sup> of 15 |

## Unhealthy lifestyles

|                         | % of the population who: |        |
|-------------------------|--------------------------|--------|
|                         | Here'd                   | Worc's |
| Are obese or overweight | 65.2%                    | 66.6%  |
| Drink too much          | 27%                      | 27%    |
| Smoke                   | 14%                      | 17%    |
| Are physically inactive | 22%                      | 25%    |

# Care and Quality – our biggest challenges

Sept 2016 Highest risk areas for key  
NHS Constitutional standards

## Urgent Care

- 4 hour A&E standards across all sites
- Poor patient flow resulting in 12 Hour Trolley breaches (WAHT)
- Stroke TIA (WVT)
- Ambulance Handovers

## Planned Care

- Referral to treatment 18 week (WVT & WAHT)
- Cancer 62 day wait
- Cancer all 2 week wait referrals
- Cancer 2 week wait – Breast Symptomatic
- Cancelled operations (WAHT)

## Mental Health

- Dementia Diagnosis
- IAPT Access (psychological therapy)
- IAPT Recovery (psychological therapy)

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# Finance – our biggest challenges

| Area              | Herefordshire | Worcestershire | Do nothing gap |
|-------------------|---------------|----------------|----------------|
| NHS Commissioners | £33.2m        | £53.4m         | £252.6m*       |
| NHS Providers     | £53.3m        | £112.7m        |                |

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(12)

## The core purpose of the plan is to identify how:

- to close the health and well being gaps,
- whilst improving care and quality outcomes
- within the financial allocations available to us.....
- .....**but the financial allocation will be £250m less** than we will need to be unless we change the way we work and the way in which people use NHS services.



# How we intend to achieve this

£1.168bn

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By targeting our investments and transformation schemes in line with these priorities

| Funding area  | Indicative funding share                     | Real terms change* | Actual funding change |
|---|--|--------------------|-----------------------|
| Running costs   | Reduce                                       | -26%               | -15%                  |
| Back office and infrastructure  |  | -7%                |                       |
| Urgent care and emergency admissions  | Reduce                                       | -6%                | +7%                   |
| Maternity care  | Increase                                     | +1%                | +15%                  |
| Mental health and learning disability services                                    | Increase                                     | +8%                | +23%                  |
| Elective treatment – life threatening conditions (cancer, cardiac etc)            | Increase                                     | +7%                | +22%                  |
| Elective treatment – non life threatening conditions                              | Reduce                                       | -20%               | -8%                   |
| Diagnostics and clinical support services   | Reduce                                       | -11%               | +2%                   |
| Medicines optimisation  | Reduce                                       | -8%                | +5%                   |
| Core primary care (GMS)   | Apply national formula and GPFV requirements |                    |                       |
| Extended primary and community services to support proactive out of hospital care | Increase                                     | +17%               | +33%                  |
| <b>Total</b>  |  | <b>0.0%</b>        | <b>+13.0%</b>         |

£1.327bn



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# Key Pages – Page 6 – The Summary

## A single page summary of the big priorities for this STP

|                              |   |   |   |
|------------------------------|---|---|---|
| Sustainable General Practice | <ul style="list-style-type: none"> <li>• Prioritise investment to ensure delivery of the General Practice Forward View – developing primary care at scale “bottom-up” with practices, community pharmacy, third sector and health and care services.</li> <li>• Redesign the primary care workforce, sharing resources across primary and secondary care to provide resilience and sustainability as well as capacity.</li> <li>• Adopt an anticipatory model of provision – with proactive identification, case management and an MDT approach for those at risk of ill-health.</li> <li>• Share information across practices and other providers to enable seamless care.</li> <li>• Move to “big system management” – with real time data collection and analysis providing the intelligence to support continuous quality improvement and demand management.</li> </ul> | MH & LD   | <ul style="list-style-type: none"> <li>• Deliver the requirements of the national taskforce.</li> <li>• Work with NHS specialised services to increase local child mental health services to reduce demand for complex out of county services and enable repatriation of complex cases back to the local footprint.</li> <li>• With local authorities, develop joint outcomes and shared care for people with learning disabilities.</li> </ul>   |
|                              | Primary & Community Services  | <ul style="list-style-type: none"> <li>• During 2018/19, organise and provide services from locality based Multi-Speciality Community Providers (Worcestershire) and similarly formed alliance model (Herefordshire).</li> <li>• Through the One Herefordshire Alliance and the Worcestershire Alliance Boards, develop population based integrated teams wrapped around general practice covering physical and mental health, wider primary and social care services and engage with the population to deliver services close to home.</li> <li>• Support patients and carers to self-manage their own conditions, harnessing voluntary sector partners and communities to support independence and reduce loneliness.</li> <li>• Develop plans which integrate specialist support, reducing the time taken to access specialist input and reducing the steps in the pathway. Initially focussed on supporting people living with frailty and end of life care, but adopting principles and learning quickly to a range of other priority pathways.</li> </ul> | Urgent Care   |
| Prevention & self care       |   | <ul style="list-style-type: none"> <li>• Embed at scale delivery of evidence based prevention interventions across all providers of health and social care, achieving population behaviour change.</li> <li>• Put long term life outcomes for children, young people and their families’ needs at the heart of the STP agenda in order to prevent the need for more intensive and high cost services now and in the future.</li> <li>• Support people to manage their own health, linking them with social support systems in their communities and identify when a non-clinical intervention will produce the best experience and outcomes for patients.</li> </ul>  | Maternity   |
|                              | Elective Care   |   | <ul style="list-style-type: none"> <li>• Develop 4 key prevention programmes to reduce demand for surgery delivered at scale and improve the likelihood of positive clinical outcomes following surgery.</li> <li>• Undertake a greater proportion routine elective activity on “cold” sites to reduce the risk of cancellations and to improve clinical outcomes.</li> <li>• Develop strategic partnerships with external partners to secure organised access to elective surge capacity in a planned and managed way.</li> <li>• Expand pan STP working on cancer services and deliver the requirements of the national taskforce.</li> </ul> |
|                              |   | Infrastructure  | <ul style="list-style-type: none"> <li>• Explore the benefits from integration in pathology, radiology and pharmacy services across the footprint.</li> <li>• Develop robotic pharmacy functions and maximise the use of technology.</li> <li>• Develop a single strategy and implementation plan for a joined up place based back office across all local government and NHS partners.</li> <li>• Develop a place based estates strategy and a place based transport strategy.</li> </ul>  |





# Key Pages – Page 19 – What we will focus on

**Our priorities for transformation**

| Transformation Priorities  | Delivery Programmes  | Enablers   |
|--|--|--|
| <p>1 Maximise efficiency of clinical, service and experience and unnecessary variation and im</p> <p><b>Back office and infrastructure</b><br/>Commissioning footprint review<br/>Joint working and shared service</p>   | <p>Infrastructure and back office clinical support<br/>Radical waste</p>   | <p>Develop <u>the right workforce and Organisational Development</u> within a sustainable service model that is deliverable on the ground within the available resources</p> |
| <p>2 Reshape our environment which supports care is the norm and staff include</p> <p><b>Prevention and self care</b><br/>Embed in everything we do and every contact we have</p>  | <p>Everything we do and prevention<br/>Activities and promoting (annex 2b)</p>   | <p><b>Enabling change and transformation</b><br/>Workforce<br/>Digital<br/>VCS<br/>Patient engagement</p>  |
| <p>3 Develop an integrated model, by investing in primary and mental health care to reduce reliance on hospital beds through em</p> <p><b>Extended primary and community services</b><br/>General practice sustainability<br/>Redesigned community and MH services built around practices.</p> | <p>Develop the capacity and capability (annex 3a)<br/>Community based services to support (annex 3b)<br/>Community hospitals</p> |  |
| <p>4 Establish development of collaborations footprint to improve elective care, mental health and learn</p> <p><b>Specialist hospital care</b><br/>Reshape specialist care, particularly MH/LD, urgent care, maternity and elective</p>   | <p>and learning disability (annex 4b)<br/>Specialist care (annex 4c)<br/>Reducing variation (annex 4d)</p>                       |  |

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# Next Steps

**Tuesday 22<sup>nd</sup>  
November**

Full draft STP published

**Tuesday 6<sup>th</sup>  
November**

WFCCG Public Governing Body Meeting

**Friday 23<sup>rd</sup>  
December**

STP operational plan for 2017/18 and 2018/19

**January /  
February /  
March 2017**

Public engagement and discussion on the STP and the STP Operational Plan

**April 2017**

Implementation of Operational Plan begins



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# Communication and Engagement

- We have been engaging on principles and themes throughout 2016
- Our STP priorities are not new, they build on our previous engagement activity
- **From now until the end of February we will scale up #YourConversation:**
  - Events and drop in sessions via mobile bus
  - STP survey
  - Different channels
    - Interactive webinars (1<sup>st</sup> one in December)
    - Telephone slots
    - Social media campaigns
    - “suggestions portal” (both for staff and the public)
    - There will be regular updates and discussion points/debates
- At the end of February we will collate feedback and key themes
- We will formally consult on changes as required

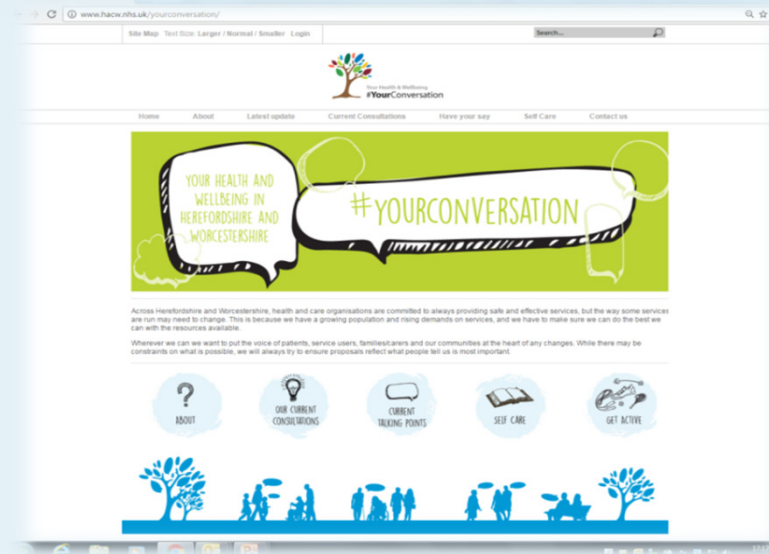
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onwards



# #YourConversation

We are now in a period of public engagement to start talking about some of the concepts in our STP through our new website [www.yourconversationhw.nhs.uk](http://www.yourconversationhw.nhs.uk)

The formal launch of the website coincides with the publication of our recent version and we have also produced a public friendly summary.



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